

# LIQUID CONVERSION CHART

## From tsp to ml to Tbsp

Teaspoons	Milliliters	Tablespoons
1/8 tsp	0.5 ml	0.04 tbsp
1/4 tsp	1.2 ml	0.08 tbsp
1/2 tsp	2.5 ml	0.15 tbsp
3/4 tsp	3.7 ml	0.25 tbsp
1 tsp	5 ml	0.3 tbsp
2 tsp	10 ml	0.67 tbsp
3 tsp	15 ml	1 tbsp
5 tsp	25 ml	1.67 tbsp
10 tsp	50 ml	3.3 tbsp

## From cup to ml to fl.oz. to Tbsp

Cups	Milliliters	Fluid ounces	Tablespoons
1/4 cup	59 ml	2 fl. oz.	4 tbsp
1/3 cup	79 ml	2.67 fl. oz.	5.3 tbsp
1/2 cup	118 ml	4 fl. oz.	8 tbsp
2/3 cup	138 ml	5.33 fl. oz.	10.5 tbsp
3/4 cup	177 ml	6 fl. oz.	12 tbsp
1 cup	237 ml	8 fl. oz.	16 tbsp
1.5 cup	355 ml	12 fl. oz.	24 tbsp
2 cups	473 ml	16 fl. oz.	32 tbsp
3 cups	710 ml	24 fl. oz.	48 tbsp
4 cups	946 ml	32 fl. oz.	64 tbsp