

TABLESPOON CONVERSION CHART

Tablespoons	Cups	Fluid ounces	Teaspoons	Milliliters
1 tbsp	1/16 cup	0.5 fl. oz.	3 tsp	15 ml
2 tbsp	1/8 cup	1 fl. oz.	6 tsp	30 ml
2 tbsp + 2 tsp	1/6 cup	1.33 fl. oz.	8 tsp	39 ml
4 tbsp	1/4 cup	2 fl. oz.	12 tsp	59 ml
5 tbsp + 1 tsp	1/3 cup	2.67 fl. oz.	16 tsp	79 ml
8 tbsp	1/2 cup	4 fl. oz.	24 tsp	118 ml
10 tbsp + 2 tsp	2/3 cup	5.33 fl. oz.	32 tsp	158 ml
12 tbsp	3/4 cup	6 fl. oz.	36 tsp	177 ml
16 tbsp	1 cup	8 fl. oz.	49 tsp	237 ml
24 tbsp	1.5 cup	12 fl. oz.	72 tsp	355 ml
32 tbsp	2 cups	16 fl. oz.	96 tsp	473 ml